



What could be the reason for leftover food to be often thrown away?

- a) Due-to habits
- b) Lack of knowledge about the leftovers' reuse for cooking other dishes
- c) Leftover food doesn't look appetizing
- d) Lack of time



a) 4 b) 5 c) 2 d) 1 e) 3



How do you make more people sort waste?

- a) Introduce fee for residual waste
- b) Make it easy so that citizens have no doubts about how the waste should be sorted
- c) Make TV commercials about why it is important to sort waste
- d) It is up to the individual whether they have the time and desire to sort waste
- e) Give free garbage bags



a) 4 b) 5 c) 3 d) 1 e) 2



How to reduce CO2 emissions from urban transport?

- a) Introduce a requirement that each household may only have 1 car
- b) Raise the price of diesel and petrol
- c) Introduce more public transportation and make it free
- d) Raise the price of electric cars
- e) Only produce electric cars in the future



a) 2 b) 3 c) 5 d) 1 e) 4



What activities are least harmful to the environment?

- a) Take a walk in the park
- b) Listen to music
- c) Watch series from Netflix
- d) Play computer games offline
- e) Play a board game



a) 5 b) 3 c) 1 d) 2 e) 4



What can you do yourself to limit your consumption?

- a) Do not buy things you do not need
- b) Write shopping lists before you go shopping
- c) Only buy clothes and other things in thrift stores
- d) Wait a week to buy something to see if you still want it
- e) Only buy what is on sale



a) 4 b) 2 c) 5 d) 3 e) 1



How to stop food waste in the local area?

- a) By introducing fees on all food waste
- b) By introducing a requirement that grocery stores must give half the price of all food that has reached the expiration date
- c) By lowering the price of food
- d) By creating online platforms where one gives away his leftovers for free to people who need it
- e) By raising the price of food



a) 3 b) 4 c) 1 d) 5 e) 2



How can grocery stores make an effort to protect the environment?

- By raising the price of environmentally harmful goods such as beef, cheese and butter
- Introduce that all customers must bring containers for food themselves, so you avoid a lot of packaging
- By removing all plastic bags in the store, so that customers themselves must bring bags for fruit and goods
- By only selling sustainable goods
- By stop selling rice and pasta



1 (a) 2 (b) 3 (c) 4 (d) 5 (e)



How do you get an entire population to change consumption habits so that not so many things are thrown out?

- Help the population on their way to change behaviour (nudging). E.g. by making a "Be Sustainable" sign at a thrift store
- Introduce a deposit system on all things so that you get money back if you hand the thing back
- Set the price up on all items
- Introduce a tax on all residual waste
- Prohibit production in countries other than where the company is located



1 (a) 2 (b) 3 (c) 4 (d) 5 (e)



Every day a piece of the rainforest is felled which has many negative consequences. What can you do to stop it?

- Share an online listing of all the companies responsible for deforestation. That way, even more people can avoid these companies.
- Do not buy goods without knowing where the resources come from
- Do not buy products that contain ingredients from the rainforest
- Only buy items with palm oil from companies that donate money to maintain the rainforest
- Do not buy wood



1 (a) 2 (b) 3 (c) 4 (d) 5 (e)



Why is it good to buy organic?

- Ecology tastes better
- Ecology ensures better living conditions for the animals
- Ecology is no better than ordinary food
- Ecology is healthier and without pesticide residues
- Ecology is good for the climate because it helps to preserve a rich and clean nature



1 (a) 2 (b) 3 (c) 4 (d) 5 (e)



How to best reduce plastic waste?

- Do not buy products made of or packed in plastic
- Recycle all plastic waste
- Let tourists borrow a boat / kayak for free if they collect plastic in the water
- Introduce a deposit on all plastic bottles
- Put all plastic in the trashcan



1 (a) 2 (b) 3 (c) 4 (d) 5 (e)



Your phone is broken. What do you do?

- Hand it over to electronics at the recycling station
- Put it in a drawer at home
- Put it in residual waste
- Sell it to a company that can repair it and then resell it
- Get it repaired and keep using it



1 (a) 2 (b) 3 (c) 4 (d) 5 (e)



CITIZENSHIP

Which country has the largest emission of CO2 per inhabitant?

- a) USA
- b) India
- c) Tanzania
- d) Denmark
- e) China



a) 5 b) 2 c) 1 d) 4 e) 3



COMMUNICATION

Which of the following can be considered as hazardous waste?

- a) Electronic equipment, lead accumulators and batteries, chemical residues and packaging, technical fluids.
- b) Mercury thermometers.
- c) Fluorescent lamps (with mercury)
- d) Waste of plant protection products, machine oil and oil filters



a) 5 b) 1 c) 2 d) 4



COMMUNICATION

What actions help to ensure the safe management of all waste?

- a) To promote the development of environmentally friendly consciousness throughout society by organizing and participating in various actions
- b) Incineration of various packages under suitable conditions
- c) Participation in the municipal waste management system, waste sorting, transfer of used batteries, old household appliances, metals, unused medicines in special containers or collection points
- d) Storage and use of waste for gas extraction in landfills



a) 2 b) 1 c) 5 d) 4



CRITICAL THINKING & PROBLEMSOLVING

How can all waste be reduced?

- a) Evaluate the need for each product before purchase, reuse the products as much as possible.
- b) Analyze the amount of waste in the family
- c) Promote waste reduction in your community by promoting your family's experience.
- d) Don't buy products, technical devices due-to fashion.



a) 5 b) 1 c) 4 d) 2



CRITICAL THINKING & PROBLEMSOLVING

Why should we eat local products, which have been prepared and are easy storable?

- a) They will be fresh, fragrant and rich in nutrients, less treated with agrochemicals.
- b) You will be able to get to know the grower and make sure that he takes responsibility for the quality of the product.
- c) They'll be cheaper.
- d) You'll support local economy.



a) 5 b) 4 c) 2 d) 1



COLLABORATION

Improper food storage is one of the main causes of food waste, which products will you put in the fridge?

- a) Carrots, bananas, tomatoes, onion.
- b) Eggs, milk, carrots, fresh meat.
- c) Carrots, eggs, bananas, tomatoes.
- d) Milk, carrots, eggplants



a) 1 b) 5 c) 2 d) 4

Why do we need a waste management system?

- a) The breakdown of municipal waste into the environment produces substances that are harmful to human and animal health and substances that contribute to climate change
- b) Incineration of waste under unsuitable conditions results in emissions harmful to human health
- c) Landfilling of landfills takes up large areas
- d) Incineration of waste under unsuitable conditions produces gases that contribute to acid rain and climate change



4 5 3 2 1 a

What should be observed when organizing, planning and performing waste management in the country?

- a) Recultivation of landfills must be ensured
- b) Waste must be disposed of in such a way that human life and health, the environment and personal property are not endangered
- c) The causes of waste must be eliminated, clean technologies must be developed; the amount and hazardousness of waste must be reduced
- d) Landfills must be closed in accordance with waste management plans



2 1 5 3 4 a 1 e

How can food waste be reduced?

- a) Household fruit and vegetable leftovers to be delivered to state zoos, wild animals
- b) Regularly check the expiration date of food, control the amount of products in the fridge, especially checking expiration dates of distant products
- c) Purposefully plan the menu and food purchases for the week, use the opportunity to freeze food, follow the proper storage of food, use food leftovers as compost
- d) Track and control the amount of portions you eat, count calories



1 2 4 5 3 a 1 e

Which types of food waste reduction are effective?

- a) Plan your purchases
- b) Use wilted fruit for smoothies
- c) Freeze food and its leftovers, vegetable and meat trimmings for soup
- d) These are all great tips for reducing food waste



5 4 1 2 3 a 1 e

If there are leftover food or inedible leftovers, you can use them as compost. Which of these can be used to compost at home?

- a) Egg shells, vegetables, fish, coffee and tea thickness, cheese.
- b) Egg shells, vegetables, fruits, coffee and tea thickness, bread.
- c) Egg shells, yogurt, fish, coffee and tea thickness, cheese.
- d) Egg shells, yogurt, fish, bones, cheese.



1 4 2 5 3 a 1 e

Situation in the restaurant: The third part of the pasta portion you ordered remains on your plate, but you have already finished eating. What you are going to do?

- a) Just leave them on a plate.
- b) Next time you will order half servings.
- c) Ask the waiter to pack leftovers to take away.
- d) Hide leftovers with napkins.



1 2 4 5 3 a 1 e



Can you give some practical examples of responsible production?

- Goods made in good working conditions, without forced child labor and that respect working hours and international conventions.
- Goods made in cooperation with local communities, respecting their lifestyles and business profit (such as fair trade).
- Respect for animal welfare.
- Organic products.



What do we mean by "responsible consumption"?

- Responsible consumption means that buyers, whether involved in the economy as a private or public entity, or as citizen consumers must make their choice taking into account environmental impacts at all stages of the product life cycle (for both goods and services).
- Responsible consumption means to have a consumption which is environmentally friendly but also considers the social impacts of consumption.
- Responsible consumption means to have a consumption which is environmentally friendly.



Sustainable consumption and production is about doing more and better with less. What does it mean?

- Raise awareness about the importance to adopt sustainable lifestyles.
- Raise awareness about the importance to increase the time of use of goods.
- Argue about the importance of disconnect economic growth from environmental degradation.



Why is important the transition to sustainable consumption and production of goods and services?

- Many people in my school are obese.
- Human beings put too much stress on the planet, consuming large amounts of resources far beyond their basic needs.
- Many people in my country still do not have access to drinking water or food.



Worldwide consumption and production — a driving force of the global economy — rest on the use of the natural environment and resources in a way that continues to have destructive impacts on the planet. How could we solve this problem?

- Encourage companies, especially large and transnational companies, to adopt sustainable practices and to integrate sustainability information into their reporting cycle.
- Support developing countries to strengthen their scientific and technological capacity to move towards more sustainable patterns of consumption and production.
- Achieve the sustainable management and efficient use of natural resources.
- Substantially reduce waste generation through prevention, reduction, recycling and reuse.



How can you influence your family to become more responsible consumers?

- I would ask my family to buy less plastic.
- I would ask my family to use less water.
- I would ask my family to cut down meat from our diet
- I would talk to my family in order to influence them towards reducing the amount of energy that we use.





CITIZENSHIP

What is the goal of responsible consumption and production?

- The encouragement of industries, businesses and consumers to recycle and reduce waste.
- The efficient management of the individual resources.
- The reduction of the ecological footprint by changing the way people produce and consume goods and resources.



5 (1 (9 8 (e



CREATIVITY

What can be done to achieve responsible consumption and production?

- Find innovative ways to contribute to reduce in my country the food wasted by producers, retailers and consumers.
- Buy less clothes and transform the old ones.
- Find innovative ways to reduce the waste of water on my community.



(a) 5 (b) 2 (c) 4



CREATIVITY

What do you consider to be the biggest advantage of bioenergy?

- Bioenergy is renewable energy.
- Bioenergy reduces the need for landfills.
- Bioenergy reduces greenhouse gas emissions.
- Bioenergy doubles as a waste disposal measure.



(a) 2 (b) 5 (c) 4 (d) 3 (e) 5



CHARACTER

Why is it important for us to be responsible consumers?

- Because it is ethical
- Because it has a great impact on our societies (equality) and the environment as well.
- Because in this way we force companies to provide their employees with good working conditions.
- Because in this way we protect animal rights.



(a) 2 (b) 5 (c) 4 (d) 3



CHARACTER

Why worry about responsible consumption and production?

- The households consume 29% of global energy, contributing to 21% of CO2 emissions.
- The rivers and lakes near my school are polluted.
- Every year about one third of all food produced (equivalent to 1.3 billion tones) is wasted.



(a) 4 (b) 2 (c) 5



COLLABORATION

The promotion of sustainable consumption and production requires a collective action. What can people do in this regard on their everyday lives?

- At home, reduce energy need in usage, using LED lighting.
- Enjoy a working group to reduce overconsumption, eating less meat and fish.
- Adopt green energies, going to school or work by bicycle.



(a) 4 (b) 5 (c) 3

CITIZENSHIP

How would you promote sustainable consumption in schools?

- a) By helping students establish habits that will continue throughout their lifetime.
- b) By encouraging students to engage in sustainability projects
- c) By teaching students that each choice has a benefit or a consequence.
- d) By choosing literature promoting green practices.



5 (p z (p v q e (a

COMMUNICATION

Waste in the fashion industry can often be overlooked when it comes to environmental issues. So how can we shop more sustainably?

- a) Buy Secondhand - We save money buying Secondhand, but we also prevent excess clothing from being produced.
- b) Always ask yourself the question "Do I really need this?" before purchasing something.
- c) Shop local -it is a good way of guaranteeing you know where your clothes are sourced from.
- d) Avoid synthetic fibers - They have serious environmental implications and they can also be harsh on our skin.



v (p z (p e (q e (a

CREATIVITY

What can we do to make our home more energy efficient and reduce heat loss?

- a) We can invest in blankets.
- b) We can include carpets and curtains.
- c) We can replace drafty windows.
- d) We can install insulation.



5 (p b v q z (p d 5

CHARACTER

Choose an answer that marks your everyday practice:

- a) I consume locally produced food.
- b) I unplug devices when i don't use them.
- c) I use daylight as much as i can.
- d) I walk or bike to school.



5 (p b v q z (p d 3

CHARACTER

We can reduce single-use plastics by:

- a) Buying boxes instead of bottles.
- b) Carrying a reusable bag.
- c) Drinking from a reusable bottle.
- d) Giving up gum.



5 (p b v q z (p d 4 (p z

COLLABORATION

What type of food do you think is wasted the most?

- a) Cereal, bread and rice
- b) Milk and other dairy products
- c) Fish and other seafood
- d) Fruits and vegetables



5 (p b v q z (p d 4 (p z



How do you as a student contribute to your school's sustainability?

- a) By taking notes electronically
- b) By reusing old materials in new objects that can be used in the classroom
- c) By donating your old books to one's who need them
- d) By recycling the paper and books you don't use anymore



a) 2 b) 5 c) 4 d) 3



Instead of throwing fruits and vegetables out, we can :

- a) Regrow them.
- b) Use them as compost.
- c) Use them in new dishes.
- d) Use them for cleaning.



a) 5 b) 4 c) 3 d) 1